



Christmas Travel Safety

Christmas and the New Year is the busiest travelling time of the year. Airports, roads, and trains can be crowded with people. Visiting family and friends is the most common reason for people to travel during the holidays. Planning will make safe and happy travelling, nationally or internationally, possible. Planning travel helps keep track of mandatory requirement such as passports, tickets, hotels, car rentals, etc. Planning can also help to organize and finish necessary work prior to the trip.



Safe Christmas Travel Preparations:

- Have all required travel documents and check them carefully. Have check a list for all needed items for your travel.
- Check heating and cooling systems in your car. Be aware of winter weather conditions.
- Plan for all items you need for you and your family in any conditions.
- Try to leave early to avoid traffic.
- Check your emergency kit (radio, batteries, flashlights, blankets, fire extinguisher, bottle water, etc.).
- Know your route before leaving.
- Use a GPS or map.
- Follow safe driving practices.
 - Do not use cell phones when driving.
 - Always concentrate on the road.
 - Slow down if the highway is congested.
 - Always use your safety belt.
- Remember chargers for cell phones and laptops.
- Pack entertainment and snacks for other passengers or kids.
- Take any required documents for oversea trips.

Work Site Review: Hazards/Safety Suggestions

Company Name: _____ Work Site Location: _____

Date: _____ Start Time: _____ Finish Time: _____ Foreman/Supervisor: _____

Employee Signatures: (continue on back of sheet if necessary)

(My signature attests and verifies my understanding of and agreement to comply with, all company safety policies and regulations, and that I have not suffered, experienced, or sustained any recent job-related injury or illness)

Manager/Supervisor's Signature: _____

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Flying Objects

Workers on site can be at risk for injuries caused by flying objects. Flying objects can cause injuries such as cuts, abrasions, concussions, or blindness. Flying objects are a major concern when workers are working with power tools, pushing/pulling loads, or under scaffolds, or work is being performed overhead. Construction material handlers, tree care workers, and manufacturer employees are just some of the workers who may be exposed to injuries from flying or falling objects at the workplace. By law, employers are required to provide a safe and free-from-danger workplace for their employees. Before work begins, conducting a safety assessment at worksite is required in order to identify hazards of any kind. OSHA requires all employees to be fully trained for their tasks. This includes possible hazards associated with the task, use of required PPE, and safety procedures.



Falling Objects Safety Practices:

- Assess the worksite for falling or flying object hazards.
- Never work under suspended loads. Barricade these areas and post warning signs.
- Consider wind, power lines, and bad weather.
- Do not use tools with loose or cracked handles.
- All workers must be trained to use tools for their task.
- Inspect tools before use.
- Train worker on safe operating procedures for power tools.
- Secure materials to prevent them from falling, sliding, or collapsing.
- Wear required PPE according to your job.
 - Use safety glasses if working with power tools that produce flying objects.
 - Always keep safety glasses clean.
 - Wear a hardhat to protect against overhead hazards. Have emergency procedures in place before the job starts.
- Roofing materials and equipment should not be stored within 6 feet of a roof edge unless a guard rail is in place.
- Use guardrails and toe boards on scaffolds to prevent objects from falling.
- Use a debris net to grab flying or falling objects.
- Use appropriate tools for each job. Be sure to keep them in good condition and perform regular maintenance.
- Follow all manufacturer instructions.
- Report any accident or injury to a supervisor regardless of severity.
- Any hazardous condition must be brought to the attention of a supervisor.
- Comply with all aspects of the safety program put in place by the company.

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New Year's Eve Safety

New Year's Eve is a night of celebrating the coming New Year, and everyone wants to have a memorable night. Many people travel to visit family and friends during the Christmas and New Year holidays. Unfortunately, many car accidents happen at this time of year due to drunk driving. Alcohol is a big part of parties, festivals, and fireworks during the holiday celebrations, but it is also the cause of many accidents and injuries by irresponsible drivers. It is extremely important to make a safe plan and consider the safety of yourself and others when planning your New Year's celebration. This will help to ensure a memorable and safe night for you, your family, your friends, and others. Taking some safety precautions such as designating a driver or calling a cab will make a safe New Year's Eve possible.



New Year's Eve Safety Tips:

- Make a responsible plan for the safety of yourself and others during that night.
- If you can, stay away from the road that night.
- Be alert, drive very carefully, and wear a seat belt.
- Monitor your alcohol intake.
- Stay with your group if at a nightclub or bar.
- Remember to keep your pet inside at home.
- Designate a driver.
- Do not take unknown mixed drinks.
- Eat before you drink and snack while you are drinking.
- Do not walk or ride a bike on New Year's night if you drank any alcohol.
- If you must go out after dark drive defensively.
- Do not go out alone.

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Safety Data Sheets

Safety data sheets, or SDS, are an important component of the Globally Harmonized System (GHS). SDS's provide information on chemicals, chemical mixtures, and chemical compounds. They must include instructions for the safe use of such materials and the hazards associated with each material or product. They must be easily available to all employees at the workplace. SDS must include the chemicals risks, safety, environmental effects, physical effects, chemical properties, protective measures, and handling/storing/transporting information of all chemicals. SDS's are a critical component of OSHA's Hazardous Communication Standard. OSHA requires chemical producers, importers, distributors, and users to have Safety Data Sheets (SDS). Providing an SDS for every chemical at the work- place is part of hazardous communication standard's right-to-know provisions. SDS training is re- quired for all employees who work with hazardous chemicals. Employees must know the written description for all chemical products at their workplace, how to use and interpret SDS, and how to access an SDS. The workplace should maintain a hazardous communication program, written chemical inventory of all hazards, and a chemical hazard training program for all employees.

SDS Procedures:

- SDS's are a critical component of OSHA's hazard communication standard.
- OSHA's hazardous communication standard covers over 6000 chemical products.

SDS's:

- Include important information that employees who work with chemicals must know.
- Must always be easily accessible for all employees .
- Must be read very carefully before using, storing, transporting, or handling any chemical.

Employees who need to access to an SDS must be trained on how to use it. If employees have any question after reading an SDS about any chemical or hazard they must ask a supervisor.

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